

October 2025 - Complete Class Schedule

Bpassionate Studio Dance & Fitness

*Schedule Subject to Change.

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Color Code: (V) VIRTUAL - Class Offered ONLY Virtually (IS) IN-STUDIO - Class Offered ONLY In-Studio (H) HYBRID - Class Offered BOTH Virtually & In-Studio (NI) NOT INCLUDED - These classes are not included in memberships. See studio for details.			1 5:30am Upper Body - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (H)	2 8:30am Total Body Circuit-45 min (H) 6pm Power 30 - 25 min (H) 6:30pm Agility - 25 min (H) 7pm DIY Guided Workout (IS)	3 5:30am Lower Body -30 min (V)	4 8am Just Step - 55 min (H) 9:15am Zumba - 55 min (IS) 11am-12:30pm Fall Craft for Kids (NI)
5	6 5:30am Boot Camp - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (IS)	7 8:30am Body Bar Strength - 55 min (H) 5:30pm Total Body Circuit-25 min (IS) 6pm Balance & Strength-45 min (IS) 7pm Zumba - 55 min (IS)	8 5:30am Upper Body - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (H)	9 8:30am Total Body Circuit-45 min (H) 6pm Power 30 - 25 min (H) 6:30pm Agility - 25 min (H) 7pm DIY Guided Workout (IS)	10 5:30am Lower Body -30 min (V)	11 Sorry, Studio Closed for the Day
12	13 Columbus Day 5:30am Boot Camp - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (IS)	14 8:30am Body Bar Strength - 55 min (H) 5:30pm Total Body Circuit-25 min (IS) 6pm Balance & Strength-45 min (IS) 7pm Zumba - 55 min (IS)	15 5:30am Upper Body - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (H)	16 8:30am Total Body Circuit-45 min (H) 6pm Power 30 - 25 min (H) 6:30pm Agility - 25 min (H) 7pm DIY Guided Workout (IS)	17 5:30am Lower Body -30 min (V)	18 8am Just Step - 55 min (H) 9:15am Zumba: Halloween Prop Class 55 min (IS)
19	20 5:30am Boot Camp - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (IS)	21 8:30am Body Bar Strength - 55 min (H) 5:30pm Total Body Circuit-25 min (IS) 6pm Balance & Strength-45 min (IS) 7pm Zumba - 55 min (IS)	22 5:30am Upper Body - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (H)	23 8:30am Total Body Circuit-45 min (H) 6pm Power 30 - 25 min (H) 6:30pm Agility - 25 min (H) 7pm DIY Guided Workout (IS)	24 5:30am Lower Body -30 min (V)	25 8am Just Step - 55 min (H) 9:15am Zumba - 55 min (IS)
26	27 5:30am Boot Camp - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (IS)	28 8:30am Body Bar Strength - 55 min (H) 5:30pm Total Body Circuit-25 min (IS) 6pm Balance & Strength-45 min (IS) 7pm Zumba - 55 min (IS)	29 5:30am Upper Body - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (H)	30 8:30am Total Body Circuit-45 min (H) 6pm Power 30 - 25 min (H) 6:30pm Agility - 25 min (H) 7pm DIY Guided Workout (IS)	31 5:30am Lower Body -30 min (V)	

Class Registration and Cancellation Policy:

- You **must** register for your class through Vagaro, www.Vagaro.com/BpassionateStudio, at least **1 hour** prior to the start of **ALL** classes **EXCEPT** 5:30am classes must register by 8pm the night before. Unregistered persons will not be allowed in the studio/class. Sorry, no exceptions. If less than 2 people are registered 45 minutes prior to class, or, in the case of 5:30am class, by 8pm the night before, class will be canceled and you will be notified via text or email based on your Vagaro notifications that you set up.
- If you need to cancel your class reservation, you **must** cancel on Vagaro **at least 1 hour before class** otherwise you will be charged a no show fee of \$12 - that includes members. A one time courtesy wave will be applied to your first no show.

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Instagram: [@bpassionatestudio](https://www.instagram.com/bpassionatestudio)

Facebook: [/bpassionatestudio](https://www.facebook.com/bpassionatestudio)