

December 2025 - Complete Class Schedule

Bpassionate Studio Dance & Fitness

*Schedule Subject to Change.

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 5:30am Boot Camp - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (IS)	2 8:30am Body Bar Strength - 55 min (H) 5:30pm Total Body Circuit-25 min (IS) 6pm Balance & Strength-45 min(IS) 7pm Zumba - 55 min (IS)	3 5:30am Upper Body - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (H)	4 8:30am Total Body Circuit-45 min (H) 6pm Power 30 - 25 min (H) 6:30pm Agility - 25 min (H) 7pm DIY Guided Workout (IS)	5 5:30am Lower Body -30 min (V)	6 8am Just Step - 55 min (H) 9:15am Zumba - 55 min (IS)
7	8 5:30am Boot Camp - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (IS)	9 8:30am Body Bar Strength - 55 min (H) 5:30pm Total Body Circuit-25 min (IS) 6pm Balance & Strength-45 min(IS) 7pm Zumba - 55 min (IS)	10 5:30am Upper Body - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (H)	11 8:30am Total Body Circuit-45 min (H) 6pm Power 30 - 25 min (H) 6:30pm Agility - 25 min (H) 7pm DIY Guided Workout (IS)	12 5:30am Lower Body -30 min (V)	13 Sorry, Studio Closed for the Day.
14 11am-1pm Kid Holiday Event Day	15 5:30am Boot Camp - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (IS)	16 8:30am Body Bar Strength - 55 min (H) 5:30pm Total Body Circuit-25 min (IS) 6pm Balance & Strength-45 min(IS) 7pm Zumba - 55 min (IS)	17 5:30am Upper Body - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (H)	18 8:30am Total Body Circuit-45 min (H) 6pm Power 30 - 25 min (H) 6:30pm Agility - 25 min (H) 7pm DIY Guided Workout (IS)	19 5:30am Lower Body -30 min (V)	20 HOLIDAY SATURDAY EDITION 8am Just Step - 55 min (H) 9:15am Zumba - 55 min (IS) 10:15am Bpassionate Studio Member Holiday Brunch
21	22 5:30am Boot Camp - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (IS)	23 8:30am Body Bar Strength - 55 min (H) 5:30pm Total Body Circuit-25 min (IS) 6pm Balance & Strength-45 min(IS) 7pm Zumba - 55 min (IS)	24 5:30am Upper Body - 30 min (V) 8:30am Zumba - 55 min (H) Sorry, No Evening Classes	25 Closed for Christmas 	26 Sorry, No Morning Class	27 8am Just Step - 55 min (H) 9:15am Zumba - 55 min (IS)
28	29 5:30am Boot Camp - 30 min (V) 8:30am Zumba - 55 min (H) 5pm DIY Guided Workout (IS) 6pm Zumba - 55 min (IS)	30 8:30am Body Bar Strength - 55 min (H) 5:30pm Total Body Circuit-25 min (IS) 6pm Balance & Strength-45 min(IS) 7pm Zumba - 55 min (IS)	31 5:30am Upper Body - 30 min (V) 8:30am Zumba - 55 min (H) Sorry, No Evening Classes	Color Code: (V) VIRTUAL - Class Offered ONLY Virtually (IS) IN-STUDIO - Class Offered ONLY In-Studio (H) HYBRID - Class Offered BOTH Virtually & In-Studio		

Class Registration and Cancellation Policy:

- You **must** register for your class through Vagaro, www.Vagaro.com/BpassionateStudio, at least **1 hour prior to the start of ALL classes EXCEPT 5:30am classes must register by 8pm the night before**. Unregistered persons will not be allowed in the studio/class. Sorry, no exceptions. If less than 2 people are registered 45 minutes prior to class, or, in the case of 5:30am class, by 8pm the night before, class will be canceled and you will be notified via text or email based on your Vagaro notifications that you set up.
- If you need to cancel your class reservation, you **must** cancel on Vagaro **at least 1 hour before class** otherwise you will be charged a no show fee of \$12 - that includes members. A one time courtesy wave will be applied to your first no show.

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Instagram: @bpassionatestudio

Facebook: /bpassionatestudio